

**TRAINING
FOR SAFETY**

Critical Incident Stress Management Training Course (Three-Day)

**October 16, 17, & 18, 2018
Escondido (San Diego County)**

Hosted by and Held at: Escondido Police Department
1163 N. Centre City Parkway, Escondido, CA 92026

Taught by Veteran CISM/CISD Instructors:

Dr. Janet Childs, D.D.h., M.A., AAETS - Diplomate
Rey Pagarigan, Police Supervisor, Tactical Dispatcher,
Academy Instructor, CTO, CIT

**Three-Day
\$327**

- ⊗ Understand the Physiological Impacts of Stress and Trauma
- ⊗ Recognize Stress Reactions in Yourself and Others
- ⊗ Strategies for Reducing Physical & Mental Health Risk
- ⊗ The Mechanics of the Brain & How Information is Imprinted
- ⊗ Dynamics and Impact of Critical Incident Stress as an Occupational Hazard
- ⊗ Acute, Delayed, Cumulative, and Occupational Stress Management Techniques
- ⊗ Proactive Responses to Critical Incident Stress
- ⊗ Support and Coping Techniques
- ⊗ Practice Debriefing and Defusing Techniques

Relevant, Up-To-Date, Specific Information

This Three-Day Course is designed for **Experienced Public Safety First Responders (Police, Fire and EMS), 9-1-1 Dispatchers and Dispatch Supervisors, Emergency Management, Parole, Probation, Corrections, and Chaplains.** It Fulfills Many Continuing Education and Continuing Professional Training Requirements. This Course is POST Approved, Plan IV, for Law Enforcement and Dispatchers (1082-10563-18-001); STC Certified for Probation, Parole, and Corrections (05338-054592 & 05338-054612); and EMSA Certified for Medics (24 Hours). Call or Email for More Details.

TO REGISTER:

Use This Web Link:

http://trainingforsafety.com/safety_training_registration.php?id=1254

Or Contact:

James.Oneil@TrainingForSafety.com (650) 692-0437 Ext. 104



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11040 Bollinger Canyon Road Suite E-930, San Ramon CA 94582 (SM-18-02)